

## Suggested Clothing and Equipment List

Most of our classes are conducted outdoors, and proper clothing is essential for the students enjoyment of the experience. **This is a basic list designed for a three day trip during any season. The list may require modifications based on the time of year and the length of the trip.** Please bring warmer clothing (Winter coat, warm boots, wool / thermal socks, long underwear, gloves, and a hat) during the Fall, Winter, or early Spring.

### Very Important Items:

- 1 Rain Coat
- 1 Winter Coat (mid-October to mid-May)
- 1 Sweatshirt
- 1 wool sweater or fleece jacket
- 1 hat (sun or warmth)
- 1 pair of waterproof boots
- 1 pair of comfortable **broken in** shoes (sneakers, hiking boots, etc.)
- 2 Shirts
- 2 pairs of jeans or long pants
- 2 sets of underwear
- 4 pairs of socks
- 1 pair of pajamas
- 1 towel
- 1 sleeping bag or blanket roll (2 sheets and comforter)
- Flashlight
- Toiletries (soap, shampoo, deodorant, toothbrush, toothpaste)
- Insect repellent (cream or lotion preferred)
- Plastic bag for wet or dirty clothes
- Sunscreen
- Water bottle

### Optional Items:

Journal	Fitted twin sheet	Disposable camera
Pillow	Book to read	\$20 for Trading Post

### Do NOT Bring the Following:

Food, Candy, or Gum	Knives or other weapons	Electronic Games
Lighters or matches	Ipods, MP3 players	Cell Phones

Any items that the students brings to Camp Edwards has the chance to be misplaced, lost, or broken. Please do not send the students with any brand new clothing for that reason. Camp Edwards is not responsible for any lost, broken, or damaged property.