



Swim Lesson Summer Express

Session Times

July 18th to August 14th

Monday

Preschool:

P1: 8:00– 8:30am

P1: 5:00–5:30pm

P2: 5:00–5:30pm

Youth:

Y1: 8:00–8:30am

Y1: 9:10–9:40 am

Y1: 5:30–6:10pm

Y2: 5:30–6:10pm

Y3: 6:10–6:50pm

Y4: 6:10–6:50pm

Tuesday

Preschool:

P1: 8:00– 8:30 am

P1: 5:00–5:30 pm

P2: 5:00–5:30pm

Youth:

Y1: 8:00–8:30am

Y1: 9:10–9:40 am

Y1: 5:30–6:10pm

Y2: 5:30–6:10pm

Y3: 6:10–6:50pm

Y4: 6:10–6:50pm

Wednesday

Preschool:

P1: 8:00– 8:30am

P1: 5:00–5:30pm

P2: 5:00–5:30pm

Youth:

Y1: 8:00–8:30am

Y1: 9:10–9:40 am

Y1: 5:30–6:10pm

Y2: 5:30–6:10pm

Y3: 6:10–6:50pm

Y4: 6:10–6:50pm



Swim Lesson Summer Express

Session Times

July 18th to August 14th

Saturday

Parent /Tot

A+B: 9:00-9:30am

Pre-School

P1: 9:00-9:30pm

P2: 9:00-9:30pm

Youth

Y1: 9:30-10:10 am

Y2: 9:30-10:10 am

Y3: 9:30-10:10 am

Y4: 10:10-10:50am

Y5: 10:10-10:50am

Y6: 10:10-10:50am

Sunday

Parent /Tot

A+B: 9:00-9:30am

Pre-School

P1: 9:00-9:30pm

P2: 9:00-9:30pm

Youth

Y1: 9:30-10:10 am

Y2: 9:30-10:10 am

Y3: 9:30-10:10 am

Y4: 10:10-10:50am

Y5: 10:10-10:50am

Y6: 10:10-10:50am

Aquatics Conditioning

11:00-12:00 am

Y1- 10:50-11:30 am Y1- 10:50-11:30 am

Y4- 10:50-11:30 am Y4- 10:50-11:30 am

