

Preschool 3-5yrs & Youth 6-12yrs

Preschool: Ages 3-5

At the Y, we know swimming is a life skill as much as it is great exercise and a challenging sport. In Y classes, you not only learn to swim, but also build self-confidence, learn water safety & rescue skills, have fun, and make new friends. We offer lessons for anyone from 6-months and older, family swim time, and adaptive programs to ensure everyone can swim at the Y.

Youth: Ages 6-12

If low enrollment, classes may be combined, canceled, or changed to premium level. Canceled classes will receive a credit towards another session. No proration or makeups unless a signed doctors note is in hand.

Swim Starters A & B
Ages 6 month- 3years
 Ratio 1:10
 Classes are 30 min in length
 Member: \$32
 Community Member: \$65

Preschool Levels:
Ages 3-6 years
 Ratio 1:5

Classes are 30 min in length
 Member: \$32
 Community Member: \$65

Youth Levels:
Ages 6 years & older
 Ratio 1:6/8

Classes are 40 min in length
 Member: \$32
 Community Member: \$65

Water Acclimation Premium (P1+):
Ages 3-6 years old
 Ratio 1:3
 Classes are 30 min in length
 Member: \$45
 Community Member: \$85

	A	B	P1	P1+	P2	P3	P4	Y1	Y2	Y3	Y4	Y5	Y6
Sun 9:30-10:00am													
Sun 10:00-10:30am													
Sun 10:30-11:10am													
Sun 11:10-11:50am													
Mon 5:30-6:00pm													
Mon 6:00-6:40pm													
Mon 6:40-7:20pm													
Tues 5:30-6:00pm													
Tues 6:00-6:40 pm													
Tues 6:40-7:20 pm													
Wed 5:30-6:00pm													
Wed 6:00-6:40pm													
Wed 6:40-7:20pm													
Thur 5:30-6:00pm													
Thur 6:00-6:40pm													
Thur 6:40-7:20pm													
Sat 9:30-10:00 am													
Sat 10:00-10:30 am													
Sat 10:30-11:10 am													
Sat 11:10-10:50 am													

Preschool 1 & Youth 1

Water Acclimation

Beginner swimmer with no experience. Will Learn basic skills of blowing bubbles with face in the water, floats, and push offs to instructor.

Will Learn:

- Jump, swim, turn, swim grab
- Swim, float, swim

Preschool 2 & Youth 2

Water Movement

Students should be able to/ swim:

- COMFORTABLY PUT FACE IN WATER.
- Front glide 5 feet assisted
- Back glide 5 feet assisted
- Front float 10 seconds assisted
- Back float 10 seconds assisted

Will Learn:

- Jump, swim, turn, swim grab
- Swim, float, swim

Preschool 3 & Youth 3

Water Stamina

Students should be able to/ swim:

- Bob up and down under water
- Front glide 10 feet
- Back glide 10 feet
- Front float 20 seconds
- Back float 20 seconds
- Jump into water
- Treading water

Will Learn:

- Jump, swim, turn, swim grab
- Swim, float, swim

Preschool 4 & Youth 4

Stroke Introduction

Students should be able to/ swim:

- Retrieve object down 3.5 feet
- 40 feet on front
- 40 feet on back
- Front float
- Back float
- Jump into water
- Treading water

Will Learn:

- Jump, swim, turn, swim grab
- Swim, float, swim

Youth 5

Stroke Development

Students should be able to/ swim:

- 40 feet of Front crawl
- 40 Feet of Breaststroke kick
- 40 feet of Butterfly kick
- 40 feet of Backstroke
- 40 feet of Elementary backstroke
- Sitting dive
- Treading water

Will Learn:

Endurance and stroke development

Youth 6

Stroke Mechanics

Students should be able to/ swim:

- 25 meters of Front crawl
- 25 meters of Breaststroke
- 25 meters of Butterfly
- 25 meters of Backstroke
- 25 meters of Elementary back stroke
- Kneeling dive
- Treading water

Will Learn:

Endurance and stroke development

Swim Starters: 6 MON. -3 YRS.

A: Water Discovery

Parents accompany children. Introduces infants and toddlers to the aquatic environment through exploration and encourages them to enjoy themselves while learning about the water.

B: Water Exploration

Parents work with their children to explore body positions, floating, blowing bubbles, and fundamental safety and aquatic skills.

**Must pass out of Water Discovery first*

ADULT SWIM LESSONS

(Ages 16 or older)

For beginner and intermediate swimmers looking to gain skills and confidence in the water. Ratio 10:1

ADULT LESSONS:

Monday 7:30 pm - 8:30 pm YMCA Members \$32 / Community Members \$65
Friday 7:30 pm - 8:30 pm YMCA Members \$32 / Community Members \$65

PRIVATE LESSONS

(Ages 3 years or older)

30 minute lessons arranged upon completing request form at the front desk.

4 Sessions Members \$88 / CM \$156
6 Sessions Members \$122 / CM \$210
8 Sessions Members \$146 / CM \$230

SEMI-PRIVATE LESSONS

(Ages 3 years or older)

30 minute lessons arranged upon completing request form at the front desk.

(2 individuals at the same skill level)
4 Sessions Members \$62 / CM \$124
6 Sessions Members \$92 / CM \$168
8 Sessions Members \$122 / CM \$190

CALLING ALL LIFEGUARDS!

WE ARE HIRING!

Must be lifeguard certified.



JR. ADATIVE

(Ages 6 through teen) Ratio 1:1

Basic class for youth with physical disabilities. Swimmers have one on one attention from instructors in this class that is geared toward building confidence in the water and growth as a swimmer.

Members \$45 / CM \$85
Call for days and times available

YMCA POOL RULES

- Children under 10 must be accompanied by an adult in the water at all times in the pool.
- For sanitary reasons, everyone must shower before entering the pool or whirlpool.
- Only bathing suits or approved aquatics attire allowed in pool.
- Hair below the ears must be tied up or under a swim cap.
- Only US Coast Guard approved floatation devices allowed in the pool.
- Only those 18 years and up may use the whirlpool.
- NO running or diving at any time.



Questions or Concerns?

Contact Kristy Merrill, Aquatics Coordinator
847.891.9622 x121 kmerrill@gcfymca.org

CAMPANELLI YMCA

300 W. Wise Road
Schaumburg, IL 60193
847.891.9622

GET YOUR GOGGLE ON!



2019 FALL SWIM LESSONS

Fall I Registration Dates:

YMCA Members: August 4th
Community Members: August 11th

Fall I Swim Lessons:

September 8th - October 26th

Fall II Registration Dates:

YMCA Members: October 19th
Community Members: October 26th

Fall II Swim Lessons:

October 27th - December 14th